



UF/IFAS Extension Family Nutrition Program (FNP)

2020

SNAP-ED IMPACT

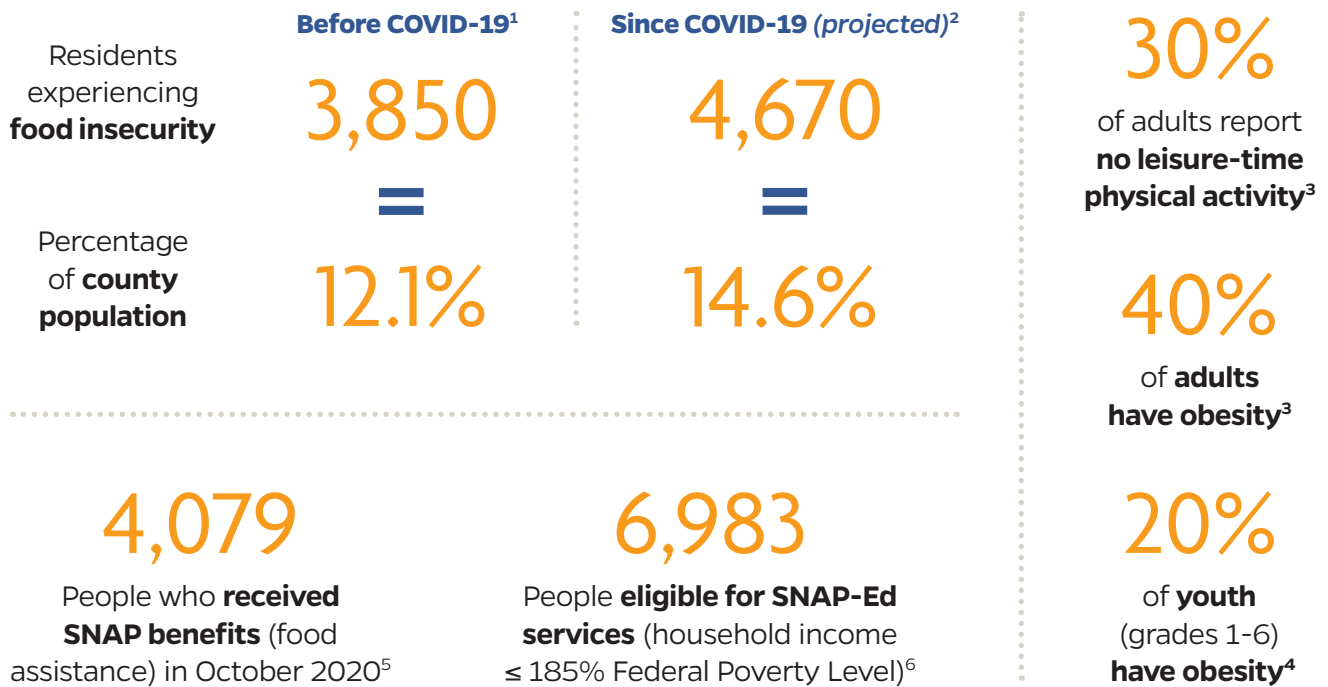


SNAP-Ed (Supplemental Nutrition Assistance Program-Education) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic diseases.

UF/IFAS Extension FNP has provided SNAP-Ed in Florida since 1996. UF/IFAS Extension is a partnership between state, federal, and county governments, providing scientific knowledge and expertise to the public.



THE NEED IN WAKULLA COUNTY



UF | IFAS Extension
UNIVERSITY of FLORIDA

An Equal Opportunity Institution



Sources:

1. Map the Meal Gap 2020, Feeding America
2. The Impact of Coronavirus on Food Insecurity October 2020, Feeding America
3. County Health Rankings and Roadmaps 2020
4. State of Florida 2018-2019 Summary of School Health Services
5. DCF Caseload Report, 2020
6. U.S. Census Bureau American Community Survey, 2018 5-year estimates



OUR REACH AND IMPACT

FNP provides free, evidence-based nutrition education classes for SNAP-eligible youth and adults. Participants learn skills related to shopping, cooking, and making healthy food and physical activity choices.

FNP also works with local partners to change the environments in which people make

decisions about nutrition and physical activity. These initiatives, called Policy, Systems, and Environmental changes (PSEs), aim to make the healthy choice the easy choice.

To help keep participants, partners, and staff safe during the pandemic, FNP is offering online options for nutrition education and partner training in 2021.

899

People reached through nutrition education classes and/or Policy, Systems, and Environmental changes (PSEs)

5

Partner sites with FNP program activities

802

Youth reached with nutrition education

\$89,468

Federal SNAP-Ed dollars brought to the county through FNP

234

Classes taught

97

Adults reached with nutrition education

FNP ACTIVITIES IN WAKULLA COUNTY

