

**Osceola County, FL
Herb, Spice and Edible Flower
Garden Planting Calendar**

Osceola County is in USDA COLD HARDINESS ZONE 9b | FIRST FREEZE likely by December 25 | LAST FREEZE likely by January 25
When seeding herbs, it is recommended to plant in plug trays, then transplant. Planting months below refer to seeding, unless suggested planting method is something other than "Seed". Many edible plants are sold as ornamental plants and the pesticides and application methods used on ornamental plants may not be safe for use on food plants. Ensure that seed or plants you intend to cultivate for food have not been treated with pesticides unapproved for food crops.

Light: S-Sun | PSh- Part Shade | Sh- Shade

Cold Hardiness: T- Tender, injured by light frost | H- Hardy, can stand frost and usually some freezing without injury | SH- somewhat hardy, not injured by light frost

Crop	Growing/ Harvest Notes	Edible parts	Light	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Cold Hardiness	Days from seed- harvest
Anise <i>Pimpinella anisum</i>	Annual. Soak seed 24h before planting	seed, leaf	S									X	X			T	120
Annatto/Achiote <i>Bixa orellana</i>	Perennial shrub. Grow in a pot and bring inside during cold.	seed, harvest when pods are dry	S			X	X									T	variable
Arugula	Annual	flower (leaf eaten as vegetable)	S	X	X	X						X	X	X	X		75+
Basil <i>Ocimum spp.</i>	Typically grown as annual.	leaf, flower	S-PSh		X	X	X					X	X			T	60-80
Bay <i>Laurus nobilis</i>	Perennial evergreen tree. Buy plant at a nursery.	leaf	S			X	X	X								H	N/A
Bee Balm <i>Monarda spp.</i>	Annual	leaf, flower	PSh			X	X	X								T	
Blue Porterweed <i>Stachytarpheta jamaicensis</i>	Perennial. Buy plant at a nursery.	flower	PSh			X	X	X	X	X						H	N/A
Borage <i>Borago officinalis</i>	Annual	leaf, flower	S									X	X			T	120
Burnet <i>Sanguisorba minor</i>	Perennial. Buy seedling at a nursery.	leaf	S-PSh									X	X			H	70
Calendula <i>Calendula officinalis</i>	Annual	flower	PSh-S			X								X	X	T	55-60
Catnip <i>Nepeta cataria</i>	Perennial	leaf, flower	S-PSh		X	X											75-85
Chamomile <i>Chamaemilum mobile & Matricaria recutita</i>	Annual	leaf, flower	S-PSh									X	X			T	60-65
Chervil <i>Anthriscus cerefolium</i>	Annual	leaf	PSh									X	X			T	60
Chives <i>Allium schoenoprasum/ Garlic Chives</i> <i>Allium tuberosum</i>	Perennial. Start new plants by dividing established ones.	leaf, flower	S	X	X	X	X	X	X	X	X	X	X	X	X	H	75-85

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Cilantro/ Coriander <i>Coriandrum sativum</i>	Annual. Black Swallowtail butterfly caterpillar plant; grow in screened area if you want to harvest leaves/seeds.	leaf, seed, flower	S-PSh	X	X	X						X	X	X	X	T	90
Cumin <i>Cuminum cyminum</i>	Annual	seed	S									X	X	X	X	T	150
Dill <i>Anethum graveolens</i>	Annual. Black Swallowtail butterfly caterpillar plant; grow in screened area if you want to harvest leaves/seeds.	leaf, seed, flower	S										X	X	X	T	40-65
Elderflower <i>Sambucus canadensis</i>	Wild-growing, native perennial. Spreads by root; not recommended in landscapes. Blooms throughout the year. <i>Proper identification critical</i> -looks similar to poisonous species.	flower, (fruit, if cooked thoroughly)	S														N/A
Fennel <i>Foeniculum vulgare</i>	Perennial (if stem base not harvested). Black Swallowtail butterfly caterpillar plant; grow in screened area if you want to harvest leaves/seeds.	leaf, stem base, seed, flower	S	X	X	X						X	X	X	X	H	80
Fenugreek <i>Triгонella foenum-graecum</i>	Annual	seed, leaf	S									X	X	X			45-150
Garlic	Annual. Difficult to grow in C. FL. Garlic plants are started from cloves.	under-ground bulb	S	X									X	X	X	H	
Garlic, Society <i>Tulbaghia violacea</i>	Perennial. Start new plants by dividing established ones.	rhizome, leaf, flower	S	X	X	X	X	X	X	X	X	X	X	X	X	H	N/A
Ginger <i>Zingiber officinale</i>	Perennial. Plant rhizomes.	rhizome	PSh			X	X	X								T	6-12 mon.
Horehound <i>Marrubium vulgare</i>	Perennial. Can be started by seed, cuttings or division.	leaf	S		X	X											variable
Lavender <i>Lavandula spp.</i>	Annual. Difficult to grow in C. FL. Buy plant from a nursery.	leaf, flower	S									X	X				100-110
Lemon Balm <i>Melissa officinalis</i>	Perennial. Can be started by seed or cutting.	leaf	S		X	X											70
Lemon Grass <i>Cymbopogon citratrus</i>	Perennial. Start new plants by dividing established ones.	leaf	S			X	X	X	X							H	N/A
Lemon Verbena <i>Aloysia triphylla</i>	Perennial shrub	leaf	S-PSh			X	X	X	X	X	X	X	X			T	N/A
Lovage <i>Levisticum officinale</i>	Grown as an annual	leaf, seed, stem, root	PSh-S									X				H	90
Marigold <i>Tagetes signata</i>	Annual	flower petals	S			X	X						X			T	55

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Marjoram <i>Origanum majorana</i>	Perennial	leaf	S-PSh		X	X							X			H	85-90
Mints <i>Mentha spp.</i>	Perennial	leaf, flower	Sh-S			X							X			T	60
Mustard	Annual	flower (leaf eaten as vegetable)	S	X	X	X						X	X	X	X	H	75+
Nasturtium <i>Tropaeolum majum</i>	Annual	flower, leaf	S-PSh		X	X							X	X		SH	55-65
New Jersey Tea <i>Ceanothus americanus</i>	Perennial shrub	leaf	S-PSh	X	X	X										H	
Okra	Annual	flower (fruit eaten as vegetable)	S			X	X	X	X	X	X					T	50-65
Oregano <i>Origanum spp.</i>	Perennial	leaf	S		X	X										H	80-90
"Oregano", Cuban <i>Plectranthus amboinicus</i>	Perennial. Can start new plants from cuttings.	leaf	S-PSh			X	X	X	X	X	X					SH	N/A
"Oregano", Mexican <i>Lippia graveolens</i>	Perennial. Usually dried for culinary use.	leaf	S			X	X	X								T	60?
Parsley <i>Petroselinum crispum</i>	Annual. Black Swallowtail butterfly caterpillar plant; grow in screened area if you want to harvest leaves/seeds.	leaf	S	X								X	X	X	X	H	70-90
Pineapple Sage <i>Salvia elegans</i>	Perennial	leaf, flower	PSh														
Radish	Annual. Directly seed into growing area.	flower (root eaten as vegetable)	S	X	X	X						X	X	X	X	H	40+
Recao/Culantro <i>Eryngium foetidum</i>	Grown as annual.	leaf	PSh	X	X								X	X	X	T	80-90
Roselle <i>Hibiscus sabdariffa</i>	Annual. Swollen, fleshy calyces harvested after flowering, for flavoring beverages. Can be started by seed or cutting.	(Calyx), leaf eaten as vegetable	S				X	X								T	120-150
Rosemary <i>Rosmarinus officinalis</i>	Perennial. Buy plant at a nursery.	leaf	S			X	X	X	X	X						H	N/A
Sage <i>Salvia officinalis</i>	Short-lived perennial. Buy plant at a nursery.	leaf	S	X	X	X	X					X	X	X	X	H	80-90
Sarsaparilla <i>Aralia nudicaulis</i>		root	Sh-PSh														
Savory <i>Satureja spp.</i>	Short-lived perennial.	leaf	PSh										X	X			60-70

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Squash	Annual. Directly seed into growing area. Female blossoms tastier, (F flowers have swollen embryonic fruit at flower base that will develop into a squash). If harvesting squash also, harvest male flowers. Unopened blossoms have longer shelf life. Remove anthers before eating.	Flower, (fruit eaten as vegetable)	S		X	X							X				60-70
Stevia <i>Stevia rebaudinana</i>	Short-lived perennial.	leaf	PSh			X										T	100-120
Tarragon <i>Artemisia dracuncululus</i>	Short-lived perennial. Buy plant at a nursery.	leaf	PSh									X	X			T	90
Thyme <i>Thymus spp.</i>	Perennial	leaf	S									X	X			H	90-95
Winter "Tarragon" <i>Tagetes lucida</i>	Best used fresh or frozen rather than dried.	leaf	S			X										H	N/A

Many plants on this list are typically used in small quantities as flavoring, coloring, or medicine, and may cause adverse reactions in some individuals, particularly if consumed in large quantities or if not prepared properly.

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