

Osceola County, FL Planting Calendar for Herbs, Spices & Edible Flowers

When seeding herbs, it is recommended to plant in plug trays, then transplant. Planting months below refer to seeding, unless recommended propagation method only lists "seedling". Not all listed herbs would be suitable for commercial production.

Crop	Recommended propagation method	Edible parts	Perennial/ Annual	Light	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Cold Hardiness	Days from seed-harvest	Growing notes
Anise <i>Pimpinella anisum</i>	seed-soak 24h before planting	seed, leaves	Annual	S									X	X			T	120	
Annatto/Achiote <i>Bixa orellana</i>	seed, cutting	seed, harvest when pods are dry	Perennial shrub	S			X	X									T	variable	Grow in a pot and bring inside during cold
Arugula	seed	flower (leaf eaten as vegetable)	Annual	S	X	X	X						X	X	X	X		75+	
Basil <i>Ocimum spp.</i>	leaf	leaf, flower	A/P	S-PSh		X	X	X					X	X			T	60-80	
Bay <i>Laurus nobilis</i>	cutting, seedling	leaf	Perennial evergreen tree				X	X	X								H	N/A	
Bee Balm <i>Monarda spp.</i>	seed	leaf, flower	Annual	PSh			X	X	X								T		
Borage <i>Borago officinalis</i>	seed	leaf, flower	Annual	S									X	X			T	120	
Burnet <i>Sanguisorba minor</i>	seedling	leaf	Perennial	S-PSh									X	X			H	70	
Calendula <i>Calendula officinalis</i>	seed	flower	Annual	PSh-S			X								X	X	T	55-60	
Catnip <i>Nepeta cataria</i>	seed	leaf, flower	Perennial	S-PSh		X	X											75-85	
Chamomile <i>Chamaemilum mobile & Matricaria recutita</i>	plant from division	leaf, flower	Annual	S-PSh									X	X			T	60-65	
Chervil <i>Anthriscus cerefolium</i>	seed	leaf	Annual	PSh									X	X			T	60	

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Chives <i>Allium schoenoprasum/</i>	plant from division	leaf, flower	Perennial	S	X	X	X	X	X	X	X	X	X	X	X	X	H	75-85	
Garlic Chives <i>Allium tuberosum</i>																			
Cilantro/Coriander <i>Coriandrum sativum</i>	seed	leaf, seed, flower	Annual		X	X	X						X	X	X	X	T	90	
Cuban "Oregano" <i>Plectranthus amboinicus</i>	cutting	leaf	Perennial				X	X	X	X	X	X					SH	N/A	
Cumin <i>Cuminum cyminum</i>	seed	seed	Annual	S									X	X	X	X	T	150	
Curry Leaf Tree <i>Murraya koenigii</i>	seedling	leaf, fruit	Perennial	S													SH	N/A	Seed toxic. Recommended to grow in container to prevent spread.
Dill <i>Anethum graveolens</i>	seed	leaf, seed, flower	Annual	S										X	X	X	T	40-65	Black Swallowtail caterpillar plant
Elderflower <i>Sambucus canadensis</i>	grows wild	flower	Perennial															N/A	Spreads by root; not recommended in landscapes. Blooms throughout the year.
Fennel <i>Foeniculum vulgare</i>	seed, seedling	leaf, stem base, seed, flower	Perennial (if stem base not harvested)		X	X	X						X	X	X	X	H	80	Black Swallowtail caterpillar plant
Fenugreek <i>Triagonella foenum-graecum</i>	seed	seed, leaf	Annual	S									X	X	X			45-150	
Garlic	clove	underground bulb	Annual		X									X	X	X	H		
Ginger <i>Zingiber officinale</i>		root	Perennial	PSh			X	X	X								T	6-12 mon.	
Horehound <i>Marrubium vulgare</i>	seed, cutting, division	leaf	Perennial	S		X	X											variable	
Lavender <i>Lavendula spp.</i>	seedling	leaf, flower	Annual	S									X	X				100-110	

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Lemon Balm <i>Melissa officinalis</i>	seed, cutting	leaf	Perennial			X	X											70	
Lemon Grass <i>Cymbopogon citratus</i>	plant from division	leaf	Perennial				X	X	X	X							H	N/A	
Lemon Verbena <i>Aloysia triphylla</i>	seedling	leaf	Perennial shrub	S-PSh			X	X	X	X	X	X	X	X			T	N/A	
Lovage <i>Levisticum officinale</i>	seed, plant	leaf, seed, stem, root	grown as Annual	PSh-S									X				H?	90	
Marigold <i>Tagetes signata</i>	seed	flower petals	Annual	S			X	X						X			T	55	
Marjoram <i>Origanum majorana</i>	seed, cutting, division, seedling	leaf	Perennial	S-PSh		X	X							X			H	85-90	
Mexican "Oregano" <i>Lippia graveolens</i>	seed, cutting, seedling	leaf	Perennial	S			X	X	X								T	60?	usually dried for culinary use
Mustard	seed	flower (leaf eaten as vegetable)	Annual		X	X	X						X	X	X	X	H	75+	
Mints <i>Mentha spp.</i>	cutting, seedling	leaf, flower	Perennial	Sh-S			X							X			T	60	
Nasturtium <i>Tropaeolum majum</i>	seed	flower, leaf	Annual	S-PSh		X	X							X	X		H?	55-65	
New Jersey Tea <i>Ceanothus americanus</i>	seed, cutting	leaf	Perennial shrub	S-PSh	X	X	X										H		
Okra	direct seed	flower (fruit eaten as vegetable)	Annual	S			X	X	X	X	X	X					T	50-65	
Oregano <i>Origanum spp.</i>	cutting, seedling	leaf	Perennial	S		X	X										H	80-90	
Parsley <i>Petroselinum crispum</i>	seed, seedling	leaf	Annual	S	X								X	X	X	X	H	70-90	Black Swallowtail caterpillar plant
Pineapple Sage <i>Salvia elegans</i>	seedling	leaf, flower	Perennial	PSh															
Blue Porterweed <i>Stachytarpheta jamaicensis</i>	seedling	flower	Perennial	PSh			X	X	X	X	X	X					H	N/A	

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Radish	seed	flower (root eaten as vegetable)	Annual	S	X	X	X						X	X	X	X	H	40+	
Recao/Culantro <i>Eryngium foetidum</i>	seed, seedling	leaf	grown as Annual	PSh-Sh	X	X								X	X	X	T	80-90	
Roselle <i>Hibiscus sabdariffa</i>	seed, cutting	calyx*, (leaf eaten as vegetable)	Annual	S				X	X								T	120-150	*The swollen, but still fleshy calyces are harvested after the plant flowers, and are used to flavor beverages, not actually eaten.
Rosemary <i>Rosmarinus officinalis</i>	seedling	leaf	Perennial	S			X	X	X	X	X						H	N/A	
Sage <i>Salvia officinalis</i>	seedling, (seed, cutting)	leaf	short lived perennial	S	X	X	X	X					X	X	X	X	H	80-90	
Sarsaparilla <i>Aralia nudicaulis</i>	division, seed	root		Sh-PSh															
Savory <i>Satureja</i> spp.	seed, seedling	leaf	short lived perennial	PSh										X	X			60-70	
Squash	seed	flower (fruit eaten as vegetable)	Annual			X	X							X				60-70	Female blossoms are tastier, but if you want to harvest squash too, only harvest male flowers (female flowers have a swollen embryonic fruit at the base of the flower that will develop into a squash). Unopened blossoms have a longer shelf life. Remove anthers before eating.

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Stevia <i>Stevia rebaudiana</i>	seedling, (seed)	leaf	short lived Perennial	PSh			X										T	100-120	
Tarragon <i>Artemisia dracunculus</i>	plant from division	leaf	short lived Perennial	PSh									X	X			T	90	
Thyme <i>Thymus spp.</i>	seed, cutting, seedling	leaf	Perennial	S									X	X			H	90-95	
Winter "Tarragon" <i>Tagetes lucida</i>	seedling, seed	leaf	Perennial	S			X										H	N/A	Best used fresh or frozen rather than dried.

T- Tender, injured by light frost | H- Hardy, can stand frost and usually some freezing without injury | SH- somewhat hardy, not injured by light frost

S-Sun | PSh- Part Shade | Sh- Shade

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