

Holmes County 4-H presents:

# The “4-H Extravaganza”

# 5K

## WHEN

**September 19, 2015**

**8:00 AM**

Check-in starts at 7:15 AM

## WHERE

**MIDDLEBROOKS PARK**

Bonifay, FL

## AWARDS

This will be an untimed race. 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place medals will be given for the first 3 walkers, the first 3 runners (12 and under) and the first 3 runners (13 years and older). Winners will also receive a pass to the 4-H Extravaganza.

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*Please join us after the race at the Holmes Co. Ag Center for the 4-H Extravaganza!*

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**Wear green to show your support for 4-H!**



## REGISTRATION

Early \$20.00

Race Day \$25.00

Early Registration  
ends Friday, Sept. 11<sup>th</sup>

## Race bag includes

T-shirt

Race number & pins

4-H pencil

Partner information

## Partners

Holmes County 4-H

Florida Department of  
Health – Holmes and  
Washington County

## Benefiting

Holmes County 4-H  
youth development  
program

**UF** | IFAS Extension  
UNIVERSITY of FLORIDA

For more information  
e-mail Leah @  
Isteverson@ufl.edu



**Holmes County 4-H presents:**  
**The**  
**“4-H Extravaganza”**  
**5K**

**September 19, 2015**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Age** \_\_\_\_\_ **M/F** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_

**Emergency Contact Number:** \_\_\_\_\_

**Early Registration \$20.00** (before September 11<sup>th</sup>) \_\_\_\_\_ **Race Day Registration \$25.00** \_\_\_\_\_

**Runner / Walker** (please circle one)

**Shirt Size:** S M L XL XXL (Must be registered by September 11<sup>th</sup> to be guaranteed a t-shirt)

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the City of Bonifay, Holmes County BOCC, Holmes County 4-H, University of Florida, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

The Institute of Food and Agricultural Sciences (IFAS) is an Equal Employment Opportunity – Affirmative Action Employer authorized to provide research, educational information and other services only to individuals and institutions that function without regard to race, color, sex, age, handicap or national origin. U.S. DEPARTMENT OF AGRICULTURE, COOPERATIVE EXTENSION SERVICE, UNIVERSITY OF FLORIDA, IFAS, FLORIDA A.&M. UNIVERSITY, COOPERATIVE EXTENSION PROGRAM, AND BOARDS OF COUNTY COMMISSIONERS COOPERATING.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please return registration form to: **Holmes County 4-H, 1169 E. Hwy 90, Bonifay, FL 32425** or bring to the event. Checks can be made payable to Holmes County 4-H. For more information please e-mail Leah at [lsteverson@ufl.edu](mailto:lsteverson@ufl.edu).

**All proceeds benefit Holmes County 4-H**